



Hoolbeats Sanctuary

PROTECT - RESTORE - EMPOWER

Kanyini Connections Ltd

Annual Report 2021-2022





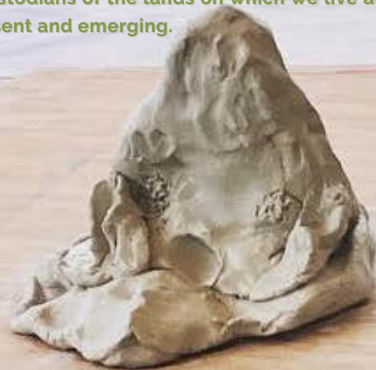
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Acknowledgement of Country

Kanyini Connections Ltd acknowledges Aboriginal and Torres Strait Islander peoples as the first inhabitants and Traditional Custodians of the lands on which we live and work. We pay our respects to all Elders past, present and emerging.



Kanyini Connections Ltd. is a mental health charity (operating as an Australian Public Company Limited by Guarantee) fully endorsed as a Public Benevolent Institution, Deductible Gift Recipient and Tax Concession Charity and registered with the Australian Charities and Not-for-profits Commission. The main activity of the charity is operating Hoofbeats Sanctuary - a trauma-healing centre that brings people, animals and nature together to improve the emotional well-being of some of the most vulnerable members of our community; those living with mental health challenges resulting from complex trauma.



Thank You

The team would like to offer heartfelt thanks to each of our incredibly generous supporters for making it possible for us to carry out this work.

Financial supporters

Charitable Foundations

Foundation for Rural & Regional
Renewal
Queensland Community
Foundation
TANK Foundation

Government Grants

Department of Industry
Department of Veterans Affairs
Queensland Government
Sunshine Coast Council

Corporate & Corporate Foundations

Aspley Hotel
Coca-Cola Australia Foundation
LaCorium Health
RACQ Foundation

Individuals, Families & Family Foundations

Alexandra Fitzpatrick	Lisa Hill
Anthony & Kirsty Strath	Louise Phillimore
Barb & Peter Blashki	Maitri Foundation
Brian & Sylvia Sherlock	Marie Rene
Caley Clements	Marika Borlase-Hayes
Carol Miller	Mark & Melissa Salomon
Celestine Doyle	Maureen Bronjes
Cheryl Walsh	Maya Hansen
Corrin Ryan	Melanie O'Shea
Dianne Vine	Melinda Bakopanos
Edith Ede	Michael Kemp
Ella Wright	Olivia Gerritse
Glenn Priddle	Pauleen Fennell
Graham & Tracie Russell	RD Paris
HN & EA Sinha Foundation	Rick Leventer
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Jane O'Brien	Sarah Hudson
Jordan Donald	Sean Byrnes
Julie Maat	Shane & Louise Ambry
Juliette Hall	Susan Reese
Kiki Paul	Suzi Anthony
Lauren Blair	Tania Garner
Leigh Evans-Scott	Tanya Carey

Alongside the generous funders listed above are our donors who wish to remain anonymous.

Low bono & pro bono supporters

Canva	Revive Timber Designs
Collins & Co	Salesforce Foundation
Featherlight Horsemanship	The Events Calendar
FeedXL	The Logical Interface
Google	Tristan Tucker TRT Method
Good360	Warwick Schiller Attuned Horsemanship
Jenquine	Workplace from Meta
Kaz's Flags & Tailbags	Yoga King
Lockyer Hay & Chaff	
PayPal	



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Our Vision



We envision a community:

- of hopeful, resilient individuals equipped with the life skills needed to be fulfilled in their lives, personal relationships and community involvement
- where the life of every animal matters and each is afforded a lifetime of love and kindness

Our Mission

Improving mental health through evidence-based, trauma-focused, animal-assisted and nature-guided programs

Our Goals

- to empower people to create a future filled with hope, heart and healing – for self and others, including animals
- to guide people to develop self-confidence, believing in their own ability to change the course of their lives
- to make programs available to all, regardless of their ability to pay
- to cultivate connections through mentorship, support groups and community development
- to strengthen our community, program offerings and reach by creating partnerships with other community-based organisations
- to promote animal welfare
- to build an inclusive culture that enables clients, staff and volunteers to connect, belong and grow





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From the Chief Executive Officer

I created Kanyini Connections Ltd, in 2009, because I believe everyone in Australia should have the support they need to grow and thrive throughout their lives.

Sadly, this is still far from the case today.

There is much work still to be done. Yet, year after year, the dedication of our amazing staff and volunteers gives me more and more hope for the future.

In this year of continued challenges our team has again stepped up, alongside our supporters, demonstrating the crucial role that mental health support plays in difficult times.

We've pivoted from bush-fire threats and readiness work last year straight into multiple flood events this year. Disaster mitigation planning wasn't on our radar just a couple of years ago but mother nature demands attention and she is certainly getting it now!

Despite the challenges, we achieved new records for volunteering and new records for program hours provided. Thank you to everyone for stepping up in these uncertain times - when mental health support programs are even more important.

We launched two new programs this year; a Trauma-informed Yoga Program and a Meditate & Create Art Therapy Program - both of which were highly successful and will now become permanent offerings.

We remain committed to ensuring that every program is available free of charge to those who need it to be. This commitment means that we are more reliant on external funding than organisations who use a fee-for-service model.

In another difficult year for the community, donations are again lower than in pre-covid times but were boosted by five anonymous donors who generously donated just over \$25,000 between them.

Once again philanthropic foundations provided support when we most needed it and eased the funding shortfall from donations..

Thank you to everyone who has supported the sanctuary this year, particularly our Board, our grant providers and donors, the fabulous sanctuary team, and the amazing program participants whose courage, vulnerability and astonishing progress make it all worthwhile.

Barb Blashki



Year in Review

This was another year of challenges with covid-19, floods, unexpected vet bills and growing demand for program places all combining to make the year more stressful and and less productive than we had planned.

Covid-19

Lockdowns, vaccination mandates and new variants all played their part in:

- interrupting program schedules which led to repeated session deferrals and lower overall attendance rates. This had a major impact on the number of program participants that could be supported during the year
- fundraising event cancellations, leading to lower income
- a greater number of sick days and anxiety amongst our volunteer team leading to higher absenteeism rates for volunteer shifts
- the resignation of one of our main program facilitators - again impacting program schedules

Floods

The sanctuary was flooded twice in the early part of 2022 causing:

- more interruption to program schedules
- increased repairs and maintenance costs
- huge increases in the cost of hay (almost double from the year prior) as farmers lost their crops

Vet Bills

An unexpected facial injury leading to sinus, dental and eye problems for our Brumby, Indiana, led to a significant increase in our vet bills for the year.

The arrival of little Phoenix, an orphan foal, in December 2021 also helped to increase vet costs considerably as he battled for almost five months to overcome a very traumatic start to life.

Volunteers

Despite covid, a record number of **73 volunteers** generously gave their precious time in support of the sanctuary. Activities included: program support, horse care, gardening, fundraising, repairs and maintenance, house-keeping, social media, graphic design and volunteer co-ordination.

9088 volunteer hours were given.

Programs

The programs offered this year were:

- **Recovery & Discovery** Equine Therapy Program for Women
- **Go Remarkable** Equine Therapy Program for Girls
- **Finding Bravery** Equine Assisted Learning Program for Girls
- **Meditate & Create** Art Therapy Program
- **Trauma-informed Yoga** Program

Somehow, despite all the challenges this year, 39 program participants received 701 hours of mental health support.

From Clients



I've not only become stronger and more flexible physically, but I've learned ways to move my body that have helped quieten my mind and alleviate stress and anxiety, the latter of which has been a problem for me over the last decade.

A unique, holistic experience that set me up mentally for the week. It has become a very important part of my mental health management and I hope to continue participating in future programs.

Hoofbeats Sanctuary helped me get 'unstuck' from the place of intense grief that I was experiencing. My grief is multilayered but by being surrounded by nature, by being with other people, the layers have gradually started to peel away.

The program has been life-changing for me. It's an extraordinary experience with gentle yet deliberate sessions facilitating healing and self-awareness on a level of learning you'll never experience anywhere else.

I felt very welcomed, safe and supported. I always left in a much better state than when I arrived and I can see the transformation in my life and my emotional state since completing the program. I am so glad that I reached out for help.

This program completely exceeded my expectations. I was able to feel safe and held while in a vulnerable state; exploring my weaknesses and my strengths. I was gifted complete presence and peace with enough quiet and space to dive into and heal some pain.

Financials



Balance Sheet

ASSETS	2022	2021
Cash	48521	52983
Receivables	3793	916
Total Assets	52314	53899

LIABILITIES		
Creditors	1287	0
Grants received in advance	33103	41408
Total Liabilities	34390	41408
NET ASSETS	17924	12491

Profit & Loss

INCOME	2022	2021
Donations	35878	32521
Grants	92723	27958
Fundraising	10844	16744
Service Fees	2316	1745
Other Income	3052	31269*
Total Income	144813	110241

*includes \$28900 in covid-19 government assistance payments

EXPENDITURE	2022	2021
Audit Fees	900	900
Board Expenses	0	495
Program Costs	108460	84164
Fundraising Expenses	3223	4349
Facility Improvements	12152	13661
Insurance	6050	5225
Telephone & Internet	2511	2486
Volunteer Costs	1982	5391
Office Expenses	919	1423
Other Expenses	3183	10349
Total Income	139380	128443
Net Surplus (Deficit)	5433	(18202)